

# Instagram

## Dear Diary,

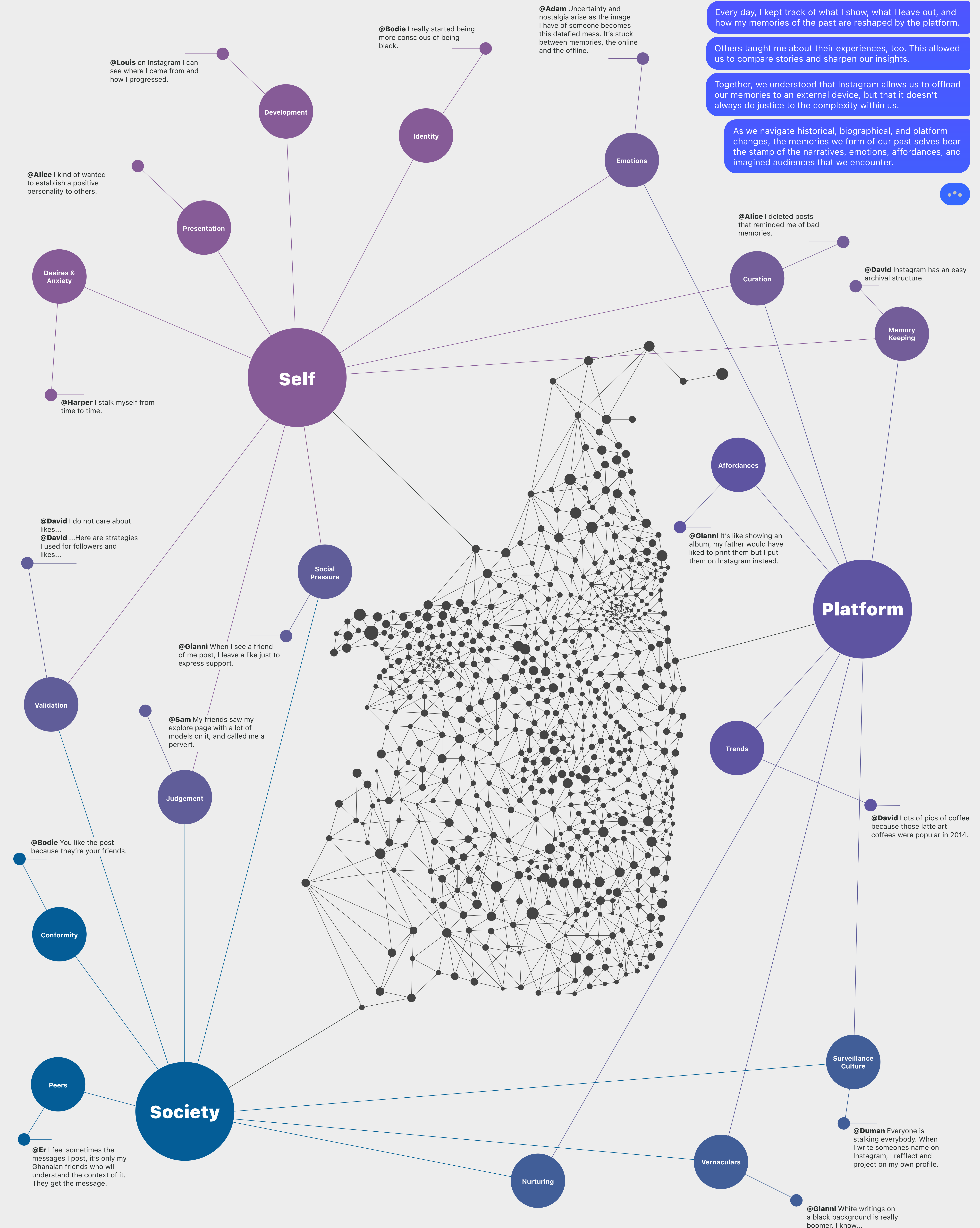
This week I reflected on how I use Instagram to create an account of my life.

Every day, I kept track of what I show, what I leave out, and how my memories of the past are reshaped by the platform.

Others taught me about their experiences, too. This allowed us to compare stories and sharpen our insights.

Together, we understood that Instagram allows us to offload our memories to an external device, but that it doesn't always do justice to the complexity within us.

As we navigate historical, biographical, and platform changes, the memories we form of our past selves bear the stamp of the narratives, emotions, affordances, and imagined audiences that we encounter.



### Participants

@Marije\_Peute | @John\_Boy | Adam\_Ultzen | @Anke\_de\_Kimpe | @Tianci\_Guo | @Federico\_Lavatori | @Jingming\_Wang | @Nash\_Keller | @Qianqian\_Wei | @Qitong\_Zhao | @Riccardo\_Fregnan | @Roosje\_Huistra | @Ruben\_Hazenbos | @Sam\_Goutbeek